

Greetings to all!!

I, as the Sports Coordinator will talk about the aspect of human lives especially that of students which runs parallel to their academic eccentricities. It is essentially related to physical well being of our students as they also go about realising their dreams.

Yes, I proudly put forward the fact that we at Nirmal Degree College of Commerce leave no stones unturned when it comes to ensure students' encounters with activities/events related to sports that are typically designed to hone their fitness levels which in turn is going to make sure that they remain physically active at all required times and for the purpose, the team makes all possible efforts to put students' capabilities to test while engaging them in sports events held every year internally and also at open grounds.

Indoor events like Carrom and Chess that enhance upon their mental fitness are held in College campus every year during a two day Annual Sports Events.

Poisur Gymkhana ground is hired for the purpose of keeping students abreast with outdoor events such as Running Race, Long Jump, Javelin Throw, Kho Kho, to name a few.

Also, to inculcate in them a strong sense of sportsmanship and team spirit, Kabaddi and Cricket tournaments are arranged for.

The event that remains the highlight this year and now for subsequent years is initiation of women's Kho Kho team making us as their guides proud of them being the true personification of empowerment and equality of genders that we talk about. Apart from this, every year without fail, our students' participation in intercollegiate events has been constantly remarkable especially in Kabaddi and Cricket tournaments.

Last two years have been no exception to my team's commitment towards holding both indoor and outdoor events with the same zeal that is expected of us and also in encouraging students to feel and remain connected to this facet of their personalities that takes care of their physical talents.

What I would very humbly wish to put forth is that as much as being academically good is essential for an individual's growth, being and remaining physically sound too goes a long way in shaping his/her holistic growth; which is why we put in all our sincere efforts to bring out potential of students to commit themselves to participate in sports events at not only institutional level but also seek encouragement via their participation in intercollegiate sports events.

I sign off with a true commitment of looking after my students being fit both at mental and physical levels

during their stay in our institution.

Thank you!!

Dr. Adheer Pratap Singh

Sports Coordinator

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