

## **REPORT ON RUBELLA AWARENESS PROGRAMME**

### **START**

October 13, 2018

### **END**

October 13, 2018

### **ADDRESS**

4<sup>th</sup> Floor, Municipal Building, Opp. Vora Colony, M. G. Road, Kandivali (W), Mumbai -4000 67

### **CONDUCTED BY**

Prof. Saroj Lohar (Women Development Cell Head)

**VENUE :** Nirmal Degree College of Commerce

October 13, 2018

**DATE :** October 13, 2018

Women Development Cell of Nirmal Degree College organized Rubella awareness programme for female students in the presence of I/C Principal Dr. Y. S. Kadam , Vice – Principal Dr. Kiran Gajjar, Co-ordinator Dr. Bhawana Paliwal and other faculty members.

The session began with introductory speech by Mrs. Saroj Lohar the Chairperson of the Cell. She explained the need and the objective of Rubella Vaccination Drive.

Rotary Club President Shri Uday Shah , Dr. , and other members Shri Kirit Sanghvi, Mrs. Prithika Samani Director of Youth Club at Rotary Club explained about lot of unknown facts about the benefits people can derive from Rubella Vaccination.

Though some of the students were not aware of the benefits of Measles-rubella (MR) vaccination at teen age. They had also explained about need of Rubella Vaccination. Rubella (also known as German Measles) is a disease caused by a virus. The virus is air-borne, which means it can spread through the air when you do things like coughing or sneezing.

Symptoms can include :

- A rash
- Sore throat
- A slight temperature
- Swollen glands.

Rubella is very dangerous for a pregnant woman and her developing baby. Anyone who is not vaccinated against rubella is at risk of getting the disease. Although rubella was declared eliminated from the U.S. in 2004, cases can occur when unvaccinated people are exposed to infected people, mostly through international travel. Women should make sure they are protected from rubella before they get pregnant.

The most common birth defects from CRS can include:

- Deafness
- Cataracts
- Heart defects
- Intellectual disabilities
- Liver and spleen damage
- Low birth weight
- Skin rash at birth

It was also explained in the same session that there is no cure available and hence it is important for women to get vaccinated before they get pregnant.

The session ended with Mrs. Saroj Lohar expressing her gratitude towards the members of Rotary Club and announced their felicitation by Dr. kadam Sir who presented with a Bouquets as tokens of appreciation.